

A Prayer Meditation

O God, You are my help in every need.

As You turned water into wine,

You turn weakness into strength.

You turn fear into perfect faith and confidence.

You turn depression into joy.

You turn disease, all aches and pains,
into vibrant health.

You turn resentment into love and forgiveness.

How I thank and praise You, my ever present God.

In You I put my trust.

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